

## TRAININGSSCHEMA KSK STEENBRUGGE SEIZOEN 2024 - 2025

| Maandag         |                |      |        |
|-----------------|----------------|------|--------|
| Ploeg           | uur            | ter  | kl K   |
| U6              | 18u<br>19u15   | 2A   |        |
| U7              | 18u<br>19u15   | 2B   |        |
| U8              | 18u15<br>19u30 | 3C/D | 2      |
| U9              | 18u15<br>19u30 | 3A/B | 3      |
| U10             | 18u15<br>19u45 | 2C/D | 4      |
| U15             | 19u30<br>21u   | 4    | 5      |
| Beloften en U21 | 19u45<br>21u15 | 2    | 6<br>1 |
| Keepers U15+17  | 19u30<br>20u30 | 2    | 5      |

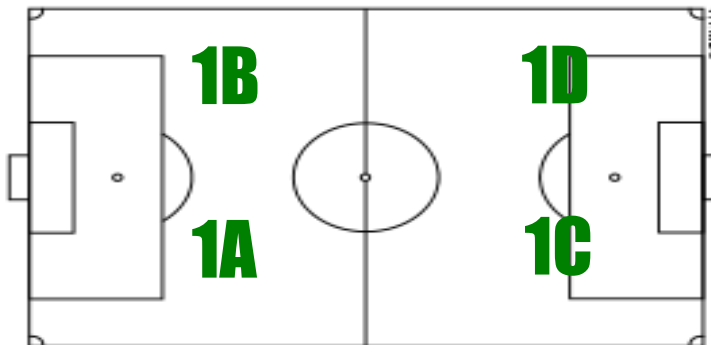
| Dinsdag |                            |      |                             |
|---------|----------------------------|------|-----------------------------|
| Ploeg   | uur                        | ter  | kl K                        |
| U11     | 18u30<br>20u00             | 3A/B | 1                           |
| U12     | 18u15<br>19u45             | 3C/D | 2                           |
| U13     | 18u15<br>19u45             | 2    | 3 en 4                      |
| U17     | 19u30<br>21u00             | 3/4  | 6                           |
| Fanions | 20u<br>21u30               | 2    | 5                           |
| Keepers | U11<br>Fanions<br>Beloften | 2    | 18u15-19u<br>19u45<br>19u45 |

| Woensdag |                    |       |                                       |
|----------|--------------------|-------|---------------------------------------|
| Ploeg    | uur                | ter   | kl K                                  |
| U6       | 18u<br>19u15       | 3C    |                                       |
| U7       | 18u<br>19u15       | 3D    |                                       |
| U8       | 18u15<br>19u30     | 2A/B  | 2                                     |
| U9       | 18u15<br>19u30     | 2 C/D | 3                                     |
| U10      | 18u15 -<br>19u45   | 3A/B  | 1                                     |
| U15      | 19u30<br>21u00     | 2     | 5                                     |
| Keepers  | U7+U8<br>U9<br>U10 | 2     | 18u-18u30<br>18u30-19u15<br>19u15-20u |

| Donderdag       |                 |      |                      |
|-----------------|-----------------|------|----------------------|
| Ploeg           | uur             | ter  | kl K                 |
| U11             | 18u 15<br>19u45 | 2A/B | 1                    |
| U12             | 18u15<br>19u45  | 2C/D | 2                    |
| U13             | 18u15<br>19u45  | 3    | 3 en 4               |
| U17             | 19u30<br>21u00  | 4    | 6<br>1+2             |
| Beloften en U21 | 19u45<br>21u15  | 3    | 6                    |
| Fanions         | 19u45<br>21u15  | 2    | 5                    |
| Keepers         | U12<br>U13      | 2    | 18u - 19u<br>19u-20u |

| Vrijdag |     |     |
|---------|-----|-----|
| Ploeg   | uur | ter |
|         |     |     |
|         |     |     |

T4=terrein aan sporthal  
T3=middelste terrein  
T2=kunstgras



KANTINE

